

Summertime = Playtime!!!



In summertime, children spend more time on outdoor playground equipment. From the public park to your backyard, playground slides have been recorded to reach temperatures exceeding 160 degrees, which is hot enough to cause first, second, and sometimes even third degree burns.

Avoid the likelihood of you or your children getting hurt by using these simple steps:

1. Choose to use a playground under shade or at cooler times in the day.
2. Parents should check the temperature of equipment before allowing children to use it.
3. Read the signs in recreational areas.
4. Always wear shoes, preferably sneakers or closed-toe shoes that cannot fall off when at the playground.
5. If you or your child does get burned, apply cool water to the area for several minutes and then consult your physician. Most burns to children require medical attention.



Watch out for:

- black rubber safety mats on playground bases
- anything that is black, absorbs a great amount of heat
- monkey bars, swings, and fire poles
- black swing seats record temperatures at 120°
- just because there's water, doesn't mean it's cool! Be careful of water parks too!